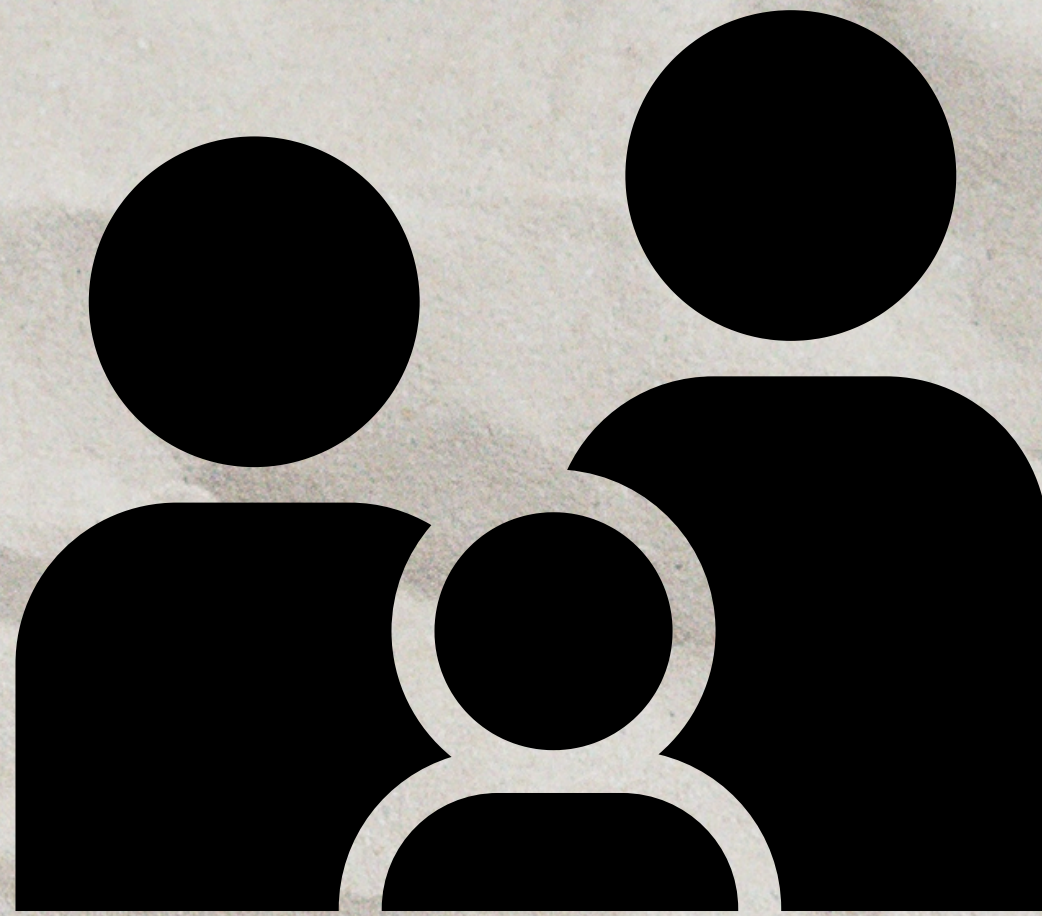


# SOCIAL WORK NEWS

## SIXTH EDITION MARCH 2025



### PARENT CORNER

FROM SANDY WALKER



This month we are going to talk about **Compassion**.

*Compassion is “the feeling of caring for others and wanting to help them” It's a skill that can be learned. Compassion can be taught by modeling kindness, encouraging empathy, and praising kind behavior”.*

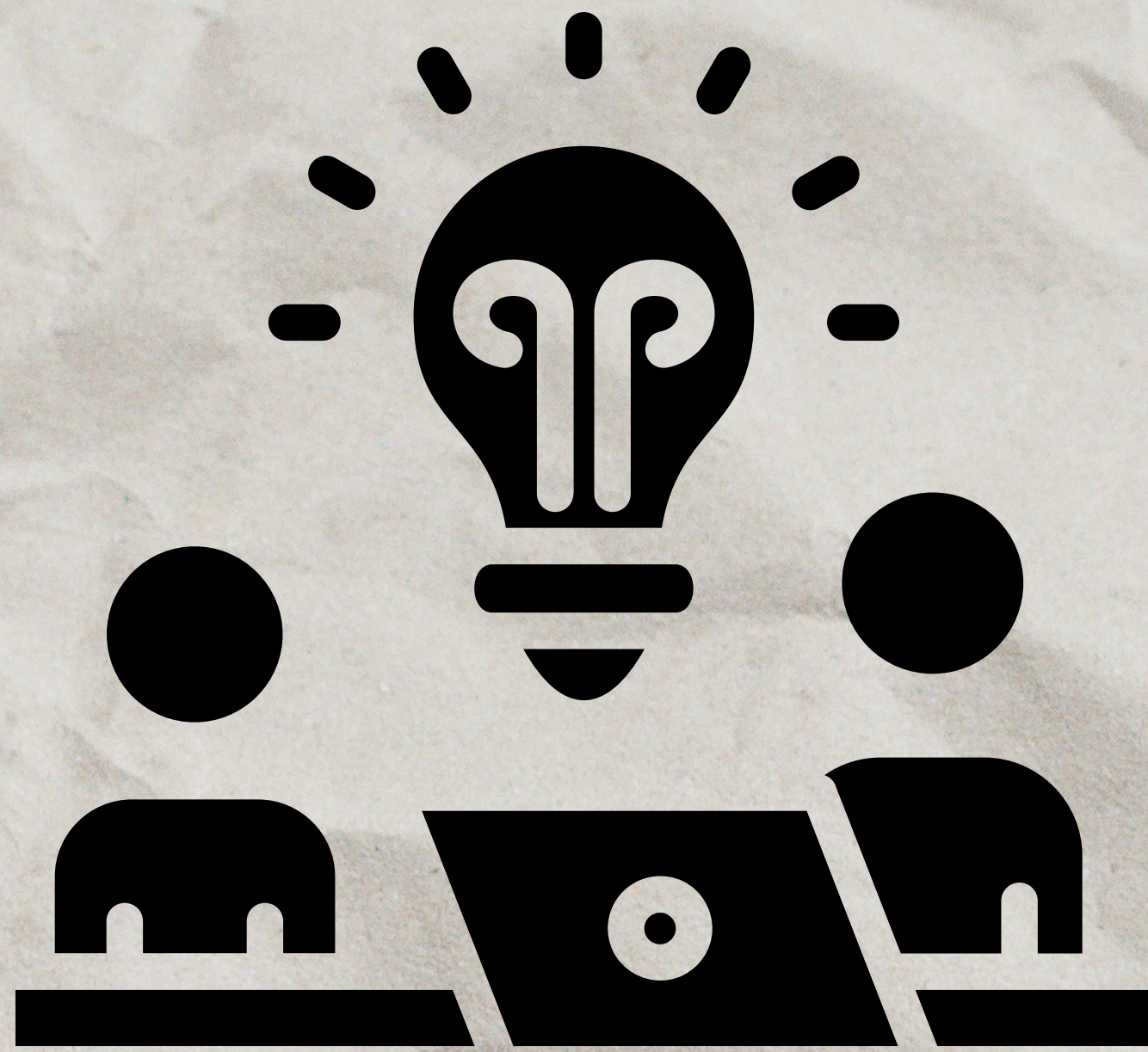
Parenting and compassion go hand in hand, shaping the way children grow into kind, confident, and emotionally secure individuals.

Compassionate parenting means responding to a child's needs with patience, understanding, and empathy rather than judgment or punishment. It involves active listening, recognizing their emotions, and guiding them through challenges with love and support.

When parents model compassion, children learn to express kindness toward themselves and others, fostering healthy relationships and emotional resilience.

By creating a safe and nurturing environment, compassionate parents help their children develop into empathetic, confident, and well-adjusted adults.





## TEACHER CORNER

FROM ALISON ONOFRIO



Class Activity: “Compliment Circle” or “Kindness Web.”:

1. Arrange students in a circle.
2. Have each student take a turn giving a sincere compliment to the person on their right, focusing on qualities like kindness, effort, or personal strengths.
3. After the compliment is given, the student receiving it says “thank you” and the circle continues.
4. This continues until everyone has both given and received a compliment.

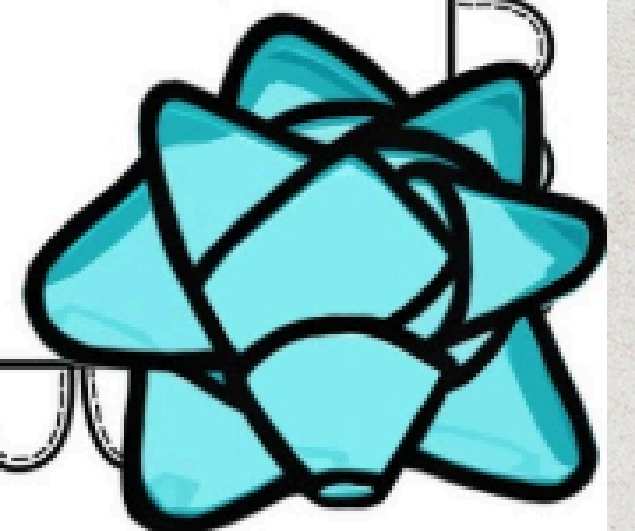


Teachers:

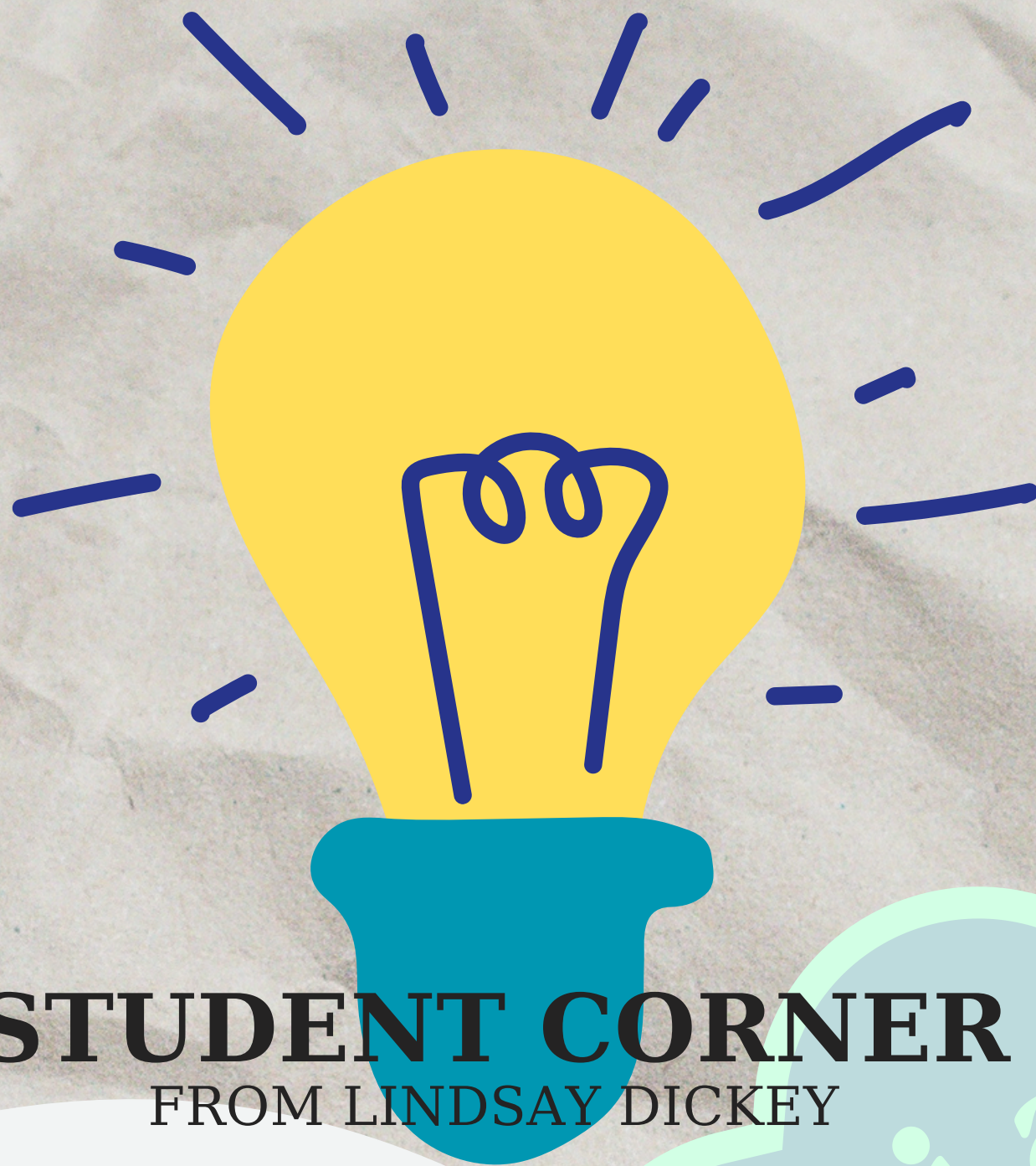
1. Set aside time in a quiet place.
2. Reflect on moments during the week when you felt stressed, overwhelmed, or self-critical. Write these moments down.
3. After each moment, write a compassionate response you would offer to a friend in a similar situation, such as "It's okay to feel overwhelmed; you're doing your best."
4. Take a few moments to breathe deeply and focus on self-kindness, understanding that it's okay to not be perfect.

## Positive Character Traits

Adventurous	Honorable
Brave	Humble
Compassionate	Imaginative
Considerate	Innovative
Cooperative	Intelligent
Courageous	Joyful
Creative	Kind
Dedicated	Loyal
Dependable	Optimistic
Determined	Organized
Enthusiastic	Patient
Fair	Proactive
Fearless	Reliable
Flexible	Resourceful
Friendly	Respectful
Funny	Responsible
Generous	Sincere
Gentle	Trustworthy
Hard Working	Wise
Helpful	
Honest	







## STUDENT CORNER

FROM LINDSAY DICKEY

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**The following are opportunities to learn to become entrepreneurs and launch successful businesses:**

“The Young Moguls Business Club”

Launching April 2025! Sign ups are open now

Brought to you by Hartford Lending Hands

Contact: (860)932-8905

[hartfordlendinghands@gmail.com](mailto:hartfordlendinghands@gmail.com)

“Minding My Black Owned Business”

Student Business Launch Grant

Becoming me Women’s Support Group is offering a grant to help launch a black-owned business!

How to apply: Write a short essay about your business idea and why you want to start it. Submit your entry to [plummer@movoyllc.com](mailto:plummer@movoyllc.com)

Deadline: March 25th

(203)614-9299

**Successful entrepreneurs don't just chase profits, they identify real problems and create solutions and improve people's lives. Compassionate entrepreneurs means building businesses with empathy, considering the well-being of employees, customers and communities.**





# COMMUNITY CORNER

FROM ARIANA DEIGNAN-KOSMIDES

**For more information go to:**

<https://www.newhavenct.gov/government/departments-divisions/youth-and-recreation-department/programs-initiatives/seasonal-camps>

**New Haven Youth & Recreation**

720 Edgewood Avenue

New Haven, CT, 06515

(203) 946-8020



**\$65**

## April Vacation Camp



**Time: 9AM - 3PM**

**Lunch/Breakfast  
NOT Provided**

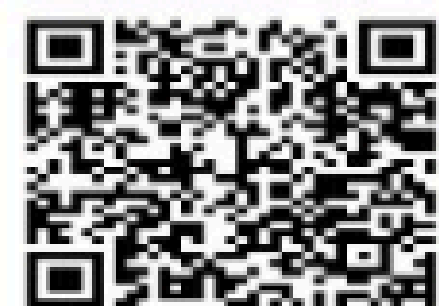
*Strategy Games, Arts  
and Craft, Outdoor  
Games, Special Themed  
Days, Dance, Music,  
Bonding, & More!!*

**April 14th -  
17th, 2025**

**Ages 5-7,  
8-10, & 11-13**

**HURRY, LIMITED  
SPACE AVAILABLE!**

**LOCATION:  
COOGAN  
PAVILION**



**For registration scan our code  
or email**

**jjwright@newhavenct.gov,  
ralennon@newhavenct.gov,  
or rdorsey@newhavenct.gov**

**Please provide the following:**

- \$65 (Cash, Credit, or Money order.
- Copy of Residency
- Health Examination
- Copy of Child's Birth Certificate
- Parent/Guardian Photo ID, Utility./Phone Bill, Copy of Child's Report Card